

# Saint Paul The Apostle

Catholic Church

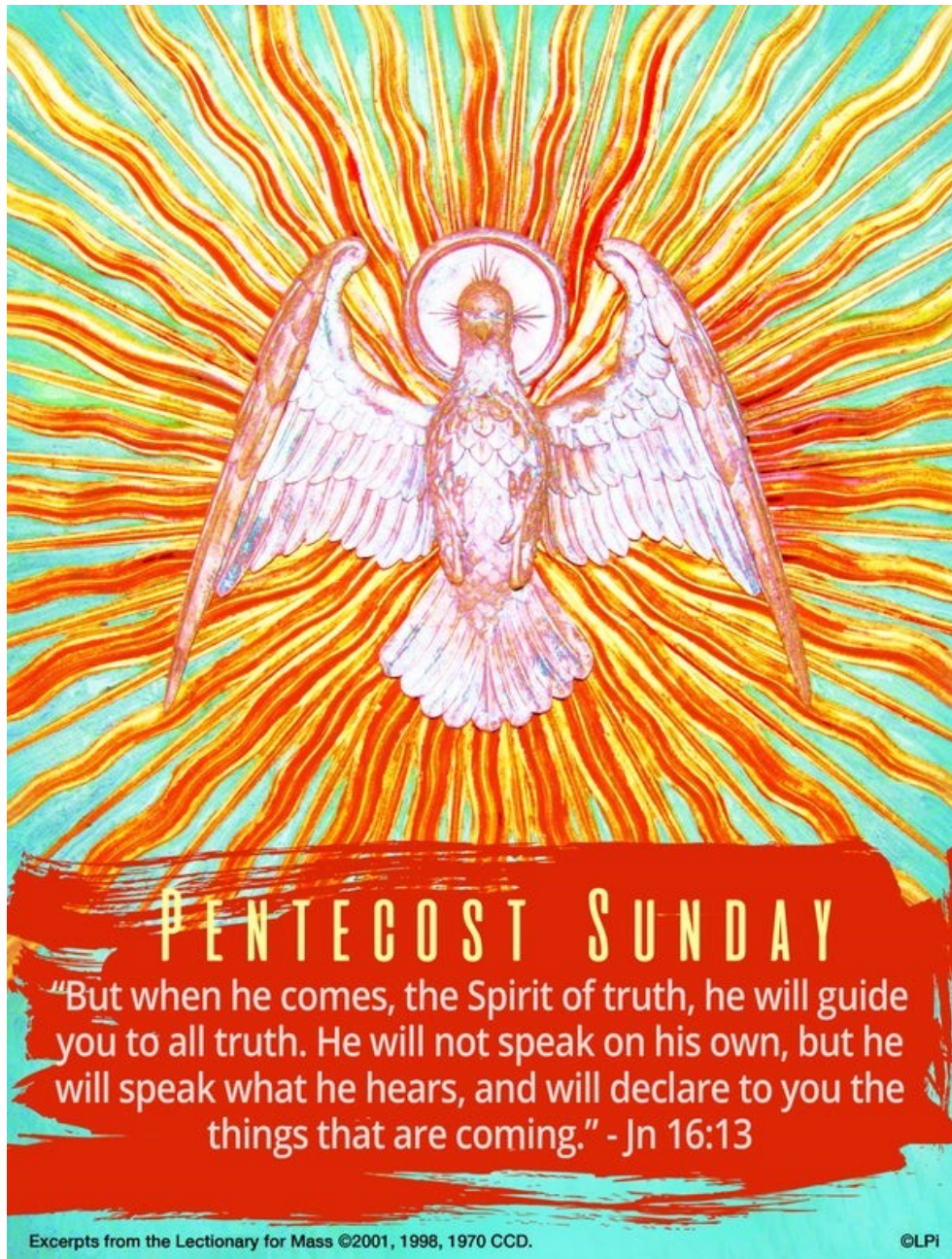
[www.saintpaulapostlechurch.org](http://www.saintpaulapostlechurch.org)

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Rev. Dr. Edmundo Valera, Ph.D.  
Pastor  
Rev. Mr. Philip "Blue" Medina,  
Deacon  
Rev. Mr. Patrick Byrne  
Deacon

Parish Office Hours:  
Tuesday - Thursday:  
9:30am to 1:00pm  
Sunday:  
8:30am to 12:00pm

May 23th PENTECOST



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**The Bishops of Colorado have announced that the obligation to attend Mass on Sundays and Holy Days will be restored on Pentecost Sunday, May 23, 2021. All Catholics who are healthy and without any risk factor or other serious reasons should resume normal Mass attendance. Over the last 11 months, the Diocese resumed in-person Masses, following public health guidelines. Prudent health precautions will still be enforced by every parish.**

## MASS INTENTIONS

### SATURDAY, MAY 22

4:00 PM MASS (ANTICIPATORY)

### SUNDAY, MAY 23 PENTECOST

7:30 AM MASS  
10:30 AM MASS

†Ralph Salas (Rosemary & Alex Lucero)  
Frank & Shirley Palacio—health & well-being (Frank Palacio)  
† Marietta Kahl (Martine & Gil Orr)

### MONDAY, MAY 24

NO MASS

### TUESDAY, MAY 25

NO MASS

### WEDNESDAY, MAY 26

9:00 AM MASS  
4:00 PM- ADORATION & CONFESSIONS  
6:00 PM

Joe Quintana Happy B-Day (Doran & Kitchen Families)

### THURSDAY, MAY 27

NO MASS

### FRIDAY, MAY 28

9:00AM MASS

† Nicole Kitchen (Doran & Kitchen Families)

### SATURDAY, MAY 29

4:00 PM MASS (ANTICIPATORY)

### SUNDAY, MAY 30

7:30 AM MASS  
10:30 AM MASS

† Shari Mauro (Scott & Sheryl Hill)  
† George Orr (Gil & Tine Orr)  
† Marietta Kahl (Gil & Tine Orr)  
Frank & Shirley Palacio—health & well-being (Frank Palacio)

## Readings for the week of May 23, 2021

Sunday: Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/  
Ps 10:1-2, 24, 35, 27-28, 29, 30 [cf. 30]/Rom 8:22-27/Jn 7:37-39  
Extended Vigil: Gn 11:1-9/Ps 33:10-11, 12-13, 14-15/Ex 19:3-8a, 16-20b/  
Dn 3:52, 52, 53, 55, 56 or Ps 19:8, 9, 10, 11/Ez 37:1-14/Ps 107:2-3, 4-5, 6-7,  
8-9/Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 [cf. 30]/Rom 8:22-27/Jn 7:37-  
39  
Day: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34 [cf. 30]/1 Cor 12:3b-7, 12-13 or  
Gal 5:16-25/Jn 20:19-23 or Jn 15:26-27; 16:12-15  
Monday: Gn 3:9-15, 20 or Acts 1:12-14/Ps 87:1-2, 3 and 5, 6-7/Jn 19:25-34  
Tuesday: Sir 35:1-12/Ps 50:5-6, 7-8, 14 and 23 [23b]/Mk 10:28-31  
Wednesday: Sir 36:1, 4-5a, 10-17/Ps 79:8, 9, 11 and 13 [Sir 36:1b]/Mk  
10:32-45  
Thursday: Sir 42:15-25/Ps 33:2-3, 4-5, 6-7, 8-9 [6a]/Mk 10:46-52  
Friday: Sir 44:1, 9-13/Ps 149:1b-2, 3-4, 5-6a and 9b [cf. 4a]/Mk 11:11-26  
Saturday: Sir 51:12cd-20/Ps 19:8, 9, 19, 11 [9ab]/Mk 11:27-33  
Next Sunday: Dt 4:32-34, 39-40/Ps 33:4-5, 6, 9, 18-19, 20, 22 [12b]/Rom  
8:14-17/Mt 28:16-20

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

May 23, 2021

Pentecost Sunday

Begin by taking a moment to calm yourself, focus on your breathing and become aware of the life force that flows through your veins. Center yourself in the words and affections of St. Augustine's Prayer to the Holy Spirit, "Breath in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy. Strengthen me, O Holy Spirit, to defend all that is holy. Guard me, then, O Holy Spirit, that I may always be holy." Sanctifying, bringing things to wholeness, blessing, restoring and creating are just some of the fruits of the presence of the Holy Spirit. Being filled with the Holy Spirit is not always about proclaiming loud cries of praise or singing alleluia from a roof top. It is about unfolding and encountering the ordinary in an extraordinary way. Being filled with the Holy Spirit means being filled with the fullness of God's life and in touch with the power and wonder of God's presence. It's about becoming holy.

It is not just for saints or people who have a religious vocation. Holiness is for the ordinary, simple run-of-the-mill person who desires to love God, others, and all of creation. When an ordinary, humble person becomes connected with life and the wondrous power of God's love, they begin to live life more deeply, a bit more reverently, desire a simple fare and find themselves relishing in ordinary beauty. Their senses become attuned to the Author of life and they realize that they are not alone. The Holy Spirit connects all of the dots of human experience and existence, bringing everyone to center on the Divine Presence. The Holy Spirit does not just breathe "on me" but "in me" and is the force behind every breath I take. Take a moment to soak that thought in. There is the Divine Presence of the Holy Spirit in me, right now. When a person becomes in touch with truth, they know that when inspired by the Holy Spirit, his or her actions are not solely their own. They realize that they are moved by Divine Grace and drawn to things not found in secular affairs.

We live in a world where it is hard to discover truth. Real truth is veiled by so many imposters that it is hard to find, especially for those who are young. It is easy to get fooled and duped and often, without full conscious awareness of doing so, we choose to walk down a path of self-absorption and destruction. It is only the Holy Spirit, through the ministry of the church most especially, who guides us to truth and shows us the way to be the graced and holy human beings God made us to be. The wonders and inspirations of today's Feast of Pentecost are necessary to share with both those we love and those who only casually cross our paths. The first disciples, touched by the Holy Spirit, brought the Gospel to the ends of the earth one step at a time. Is it unrealistic to ask that we assist in that same mission by helping people understand who they are and who God is one at a time? Ask the Holy Spirit to alleviate the fear in your heart that prevents you from doing so.

©LPi

**Totus Tuus**

We are happy to announce that the Totus Tuus program will be offered this year starting June 27th through July 2nd. This will include grades first through 12th. The Grade School Program will be Monday-Friday from 9:00am-2:30pm and the Middle School-High School Program will be Sunday-Thursday from 7:00pm-9:00pm. Registration forms will be available in the Narthex after all Masses starting April 17th. Please fill out the forms and return them asap. We will not be able to have Totus Tuus unless we have a minimum 30 students registered. If you have any questions, please contact Gaylene at 719-821-0051.

Thank you!

**Please remember our Sick and Homebound.**

Conni Billinger	Christine Dickson
John Buglewicz	Chris Pettigrew
Patrisia Cordova	Peter Sorensen
Cortese Family	Tony Torres Jr.
Janet Cruz	Judy Howard
Olga Dick	Martha Archuleta
Keith Emert	Steve Olsen
Char Finch	Kathy Krueger
Butch Goddard	Angela Vigil
Robert Hayman	Mary Jo McDermott
Lloyd Jacques	Klara Silipo
Pat Laintz	Renee Hadad Cichon
Jeremy Laintz	James Hiner
Mary Lontine	Carol Edgeworth
Isaiah Maez	Norman Kuhns
Cameron Martin	Carol Kuhns
MaryAnn	Marci DeFoe
McCloskey	Martie Burns
Kevin McCloskey	Robert Begel
Fr. Mike (friend of the McCloskey's)	Cheryl Salay
Dorothy Orr	Fred Gonzales
Kirsten Pachek	Niaomi Rosales
Kai Pedersen	Frank Palacio
Shirley Palacio	John O'Day
Marietta Kahl	Alice Gill
Holly McPhearson	Jaxon Copen

**Lost and Found**

If you think you may have lost something in the church please stop by the office as we have several unclaimed items.

**URGENT PRAYER CHAIN**

**St. Paul the Apostle Women's Guild has a functioning Urgent Prayer Chain. Anyone needing this service, wanting to be a caller, or one who prays, please contact Jane Olsen by email at [stevejaneolsen@yahoo.com](mailto:stevejaneolsen@yahoo.com)**

**Adoration is every Wednesday 4-6pm with the Chaplet of Divine Mercy prayed at 4pm.**